

# BEACON OF HOPE REJUVENATION LIFESTYLE CENTER 3534 Route 82 Millbrook, NY 12545



(917) 658-4886, (845) 677-3093, (845)-344-7434

Dear Friend:

We here at Beacon of Hope Rejuvenation Lifestyle Center would like to thank you for choosing our Program and realizing the need to take control of your health. Our program is designed to help you better yourself as a whole person. It is our desire to teach you the <u>cause</u> of disease, its <u>prevention</u>, and its <u>cure</u>. Education is the key to good health, and our Cleansing/Detoxification Program is designed to provide you with a broader awareness of what constitutes good health. So, sit back and enjoy learning about your health!

What you need to bring is warm comfortable, loose clothing for your stay and other items listed on the enclosed checklist.

<u>Upon returning this Application, Questionnaire and Disclaimer, it is important that you include a deposit of 1/3 of the total fee.</u> We cannot guarantee any reservation without a deposit. Deposits are not refundable but can be rescheduled within a two month period. The remainder of your balance must be paid upon arrival. Please checks payable to Jerry Jamel. There is a \$30.00 charge for "returned" (insufficient funds) checks.

If you have any questions or concerns, please feel free to call us at the number above, and if we are not in, we will certainly return your call.

APPLICATION

Name:					
Address:					
Home Tel. No.:	Cellphone:				
Arrival Date:	Approx. time of arrival:				
How Arriving:carbustrain	planeother:				
(any pick up is an extra fee and is to be paid to the dr	river at the time of transport. Fees are round				
trip):, Airports: Stewart: \$90. LaGuardia: \$145. K	1				
(HPN): \$115. Newark: \$155.; plus tolls for these are					
Call ahead for other pick up areas. *Metro North Train Stations: \$25.00 (RT) Hudson Line: Take					
Metro North to last stop – Poughkeepsie. OR - <u>Harlem Line</u> : To Dover Plains or Tenmile River or					
Wassaic stations					
Greyhound Bus: Call 1-800-231-2222 or online: www.greyhound.com. Destination: Poughkeepsie, NY					
Amount of Deposit Enclosed: \$ Check	к # MO#				
Make checks or money orders payable to Jerry James	l.				
If you anticipate any changes or cancellation with yo advance. Thank you for your consideration.	ur reservation, please notify us two weeks in				

RETURN THIS SHEET WITH YOUR PAYMENT

Please print clearly

#### Disclaimer

The purpose of this program is to present information regarding God's natural health laws and practices, which we hope will be beneficial to your health.

It is a God-given and constitutional right to prescribe for yourself a plan involving lifestyle changes and to make any other decisions regarding your health.

The undersigned (you) understands that the health questionnaire, program, and materials given to you are intended for educational purposes only. This is to assist you in learning about your body/health.

It is not the intention of this evaluation/program to diagnose, prescribe any medication, treatment or modality for any physical or mental disorder, anomaly, disease, ailment, or complaint.

We do not accept any personal liability for any decisions you make based on the information shared, as any treatment plan you undergo is your responsibility, based on your choices, after seeking full knowledge in any area of illness and its treatment.

The use of any information distributed is at the sole discretion of, and in response to the direct request made by the individual whose name is signed on this form.

Further, the undersigned agrees to hold any of the "staff" of this health program harmless from any claim resulting from the health program.

We encourage you, after prayer and proper study and consultation, to develop a plan for your life that will correct bad lifestyle practices and restore any unhealthy conditions within the body by following God's Plan / The Ten Laws of Health, and where you may experience healing, according to His will. God alone heals.

We pray that the information presented at this program will prove a blessing to you.

Your name / signature	Date

# Welcome / Bienvenido

"The doctor of the future will give no medicine but will interest his patients in the care of the human body, in diet, and in cause and prevention of disease"

"El médico del futuro no dará medicamentos, pero será de interés sus pacientes en el cuidado del cuerpo humano, en la dieta, y en la causa y a la prevención de la enfermedad"

#### **CLIENT QUESTIONNAIRE**

Confidential

Today's Date:\_\_\_\_\_

	Emperor de la frança de la fran		
	Client Information / In	formación del Cliente	
Name:		Home Telephone:_	
(Nombre)			(telefono)
Address:			
	(Street address, apt. # / direccion – c	calle y apartamento)	
(0	city, state, zip code / cuidad / estad	o, zona postal)	
Sex / sexo : Male / Hombre	Female / Mujer	Birthdate / fecha de nacimiento:	
Height / altura:	Weight / peso:	Age / e	dad:
Cellphone:		Email:	
		Divorced Separated Separados	Other
Reasons for your visit / Razones p	or su visita:		
When did you first notice the sylls the Condition getting progres Where specifically is the proble	sively worse / ¿ Es la condició	ón cada vez peor?yes/ si	no

Refer to the following page for various health issues.

Please check what may apply to you either currently or in the past.

Vaya a la página siguiente para diversos problemas de salud. Por favor, indique lo que se aplica a usted en la actualidad o en el pasado.

#### **HEALTH HISTORY**

Check only those conditions that you currently have or have had in the past.

Problem	Problem	/ Problem	/ Problem
Autoimmune Diseases	Eating Issues	Infections, Viral	Difficulty sleeping/insomnia
Fibromyalgia	Anorexic	Hepatitis	Excessive worry
Graves Disease	Bulimic	Herpes Simplex/zoster	Family problems/issues
Hashimotos	Eat to relief Fatigue	HIV / Aids	Financial concerns
Lupus	Eat when Depressed	Influenza	Grief
Multiple Sclerosis	Eat when Nervous	Measles	Guilt
Psoriatic Arthritis	Excessive Hunger	Mononucleosis	Job concerns
	Faint when hungry	Mumps	Low self-esteem
Raynauds Disease		Polio	Marital issues
Rheumatoid Arthritis	Feel shaky if hungry	Viral Pneumonia	Mental Disorder
Scleroderma	Irritable before a meal	Yeast/Fungal Infections	Nervous Disorder
Thyroid / Thyroiditis	Endocrine Issues		Stressed out
Absent-minded	Diabetes	Inflammatory Conditions	
Alcoholism	Acromegaly	Arthritis	Cold Most of the time
Allergies	Adrenal Insufficiency	Bursitis	Dizziness
Alzheimer's Disease	Cushing's Disease	Cholecystitis	Endometriosis
Anemic	Hyperthyroidism	Fibrositis	Fatigued / Tired
Appendicitis	Hypothyroidism	Iritis	Fibroids
Autism	Polysystic Ovary Syndrome	Nephritis	Frequent Colds
Backaches	Eye Problems	Pancreatitis	Frequent Kidney Infections
Bad Breath	Blindness	Uveitis	Frequent Urination
Bleeding (where ?)	Cataracts	Respiratory Diseases	Hay Fever
Cancer (type ?)	Chronic Dry Eyes	COPD	Headaches / Migraines
	Conjunctivitis	Asthma	Hemorrhoids
Chest pains	Glaucoma	Bronchitis	Hernia
Chills / Cold Skin		Difficulty Breathing	Hot Most of the time
Cholesterol, High	Night Blindness		Infertility problems
Circulation Conditions	Heart Conditions	Emphysema	
Claudication	Angina	Sinusitis	Itching of anus/rectum
Cold hands / feet	Arrhythmia	Tuberculosis (TB)	Itching of nose
Deep vein thrombosis	Atherosclerosis	Skin Problems	Lightheadedness
Diabetic Ulcers	Congential Heart Disease	Impetigo	Low blood pressure
Gangrene	Congestive heart failure (CHF)	Acne	Lumbago
Peripheral Vascular Disease	Coronary Artery Dis. (CAD)	Carbuncle	Menstruation, heavy
Thrombophlebitis	Enlarged heart	Cellulitis	Menstruation, skip/light
Varicose Veins	Heart attack	Cold sores	Motion sickness
Vascular headaches	Heart murmurs	Diaper rash	Muscular Dystrophy
Constipation	Heart pounds hard	Eczema	Non-healing wounds
Cravings	Heart valve disease	Fungal nail infection	Obesity
Cysts (where ?)	High blood pressure	Hives	Painful bowel movements
	Peripheral arterial disease	Pimples	Parkinson's Disease
Diarrhea  Diarrhea		Psoriasis	Poliomyelitis
Digestive Disorders	Stroke / TIA		Rheumatic fever
Colitis	Infections, Bacterial	Rosacea	Seizures
Crohn's Disease	E-coli	Shingles	
Digestion too fast	Lymphatic (lymphangitis)	Vitiligo	Sluggish feeling
Diverticulitis / osis	Necrotizing infections	Warts	Swelling / Edema
Foul smelling bowel movements	Peritonitis	Sexual issues	Swollen glands
Gallstones / kidney stones	Pneumonia	Erectile Dysfunction	Wake up tired
Gastritis	Recurrent skin infections	Menopause	
Gluten Intolerance (Celiac)	Furunculosis, carbunulosis	Prostate problems	Spiritual
H. Pylori	Septicemia	Sexual dysfunction	Not a believer
Heartburn / GERD	Staphystreppneumo	Sexually transmitted diseases	No connection with God
	Severe acne	Stress / Emotions	Do not attend any church
Indigestion	Wound Infections	Anger	
Inflammatory Bowel Dis. (IBD)	Wound infections		
Lactose Intolerant		Anxiety  Concerned about health	++
Lower bowel gas/Flatulence		Concerned about health  Depression	<del>      .   .   .   .   .   .   .   .   .</del>
Nausea			

Taking medications? / ¿Está tomando medicamentos?	no	yes/si
If yes, the name, dosage and frequency / Si la respuesta	es sí, el nom	nbre, dosis y frecuencia

			Para qué problema(s)?
List any Vitamins,	Minerals, Herb	s, Supplements you a	re taking on the next page. está tomando en la página siguiente.

ating Habits: (example: eating between meals, eat late, skip meals): os hábitos alimentarios: (por ejemplo: comer entre comidas, comer tarde, saltarse las comidas):
Drinking Habits: (example: drink with your meals; type of drinks: soda, liquor, juices, water): Hábitos de Consumo: (ejemplo: beber con las comidas; el tipo de bebidas: soda, licores, jugos, agua):
Family Medical History / Historia médica familiar:

Ha intentado alguna vez No si . Si la resp			nplo, quiropráctico, naturopathic, etc. ) a qué problema.
List any surgeries or pr Lista de las cirugías o pro			
	•		Supplements you are taking uplementos que usted está tomando
lame of Vitamin, etc. / ombre de la vitamina, tc.	Dosage / Dosis	Frequency / Frecuencia	For What Problem(s)? Para qué problema(s)?
Are you currently und ¿Está bajo los cuidados			Yes. If yes, for what condition(s)? Si la respuesta es sí, para que condicion(es)?
		phone of a perso	

Return this entire health questionnaire with your deposit Volver todo este cuestionario de salud con su depósito

#### **Checklist for Your Stay**

Lista de verificación para su visita / estancia (SPANISH)

#### PERSONAL ITEMS

Pets are not allowed.

#### **ELEMENTOS PERSONALES**

Loose clothing - enough for the length of your stay	Ropa Suelta - suficiente para el tiempo de su estancia	
Pants Shirts / blouses Socks Sweater or coat (depending on time of year weather) Sneakers or comfortable walking shoes change of under clothes Bathing suit (for hydrotherapy - if applicable) Robe Slippers Shower cap Pajamas Toothbrush & toothpaste Hair brush / comb Shampoo & conditioner	pantalones Las camisas/blusas Calcetines / medias Suéter o abrigo (dependiendo de la época del año / tiempo). Zapatos cómodo para andar el cambio de bajo ropa Traje de baño (para hidroterapia, si corresponde) Bata Zapatillas / chancletas Gorro de baño Pijama El cepillo de dientes & la pasta dentífrica El cepillo del pelo / peina (peinilla) Champú y acondicionador	
Misc.	Varias	
You will be walking & possibly sweating, so bring changes of clothing Bring appropriate clothing based on time of year (summer, winter, etc.) Usted estará andando/caminando & sudando posiblemente, así que trae cambios de ropa. Traen ropa apropiada basada en la época del año (el verano, el invierno, etc.)		
Linens (towels and bedding) will be supplied by us Linos (toallas y ropa de cama) será suministra	do por nosotros	
<ul><li>* = There is an extra charge if our supplies are used</li><li>* = Hay un recargo si nuestros suministros so</li></ul>	n utilizados	

Children not allowed unless they are going through the program. Please make arrangements for babysitting while you are here. No se admiten niños a menos que estén pasando por el programa. Por favor haga arreglos para la niñera mientras usted está aquí.

No se admiten animales.

#### Beacon of Hope Rejuvenation Lifestyle Center 3534 Route 82, Millbrook, NY 12545 (H) (845) 677-3093 (Jerry) (917) -658-4886 (Anna) (845) 344-7434

#### Directions from Mid-Hudson Bridge

(Coming off Mid-Hudson Bridge: Go straight. You are on Rte. 44/55 eastbound)
Stay on 44/55 until you see it split in Poughkeepsie. Bear right and take 55 East
You'll pass the Taconic Pkwy. At the first light pass the Taconic, you'll see Route 82 (northbound)
Turn left at the light. House is 6.3 – 6.5 miles on the right side.

#### FROM Bronx to Millbrook, NY.

#### From South (going northbound):

From Bronx River Pkwy. Starting at E. 233rd St.:

Bronx River Pkwy. Becomes Sprain Brook Pkwy.: Go about 16.4 miles before you see Taconic Pkwy sign. (you'll pass Interstate 287 and pass Westchester Medical Ctr.). These exits are estimated.

Exits you PASS on the Taconic (after the 1st exit). You will drive about 42 (?) miles to the exit in Poughkeepsie.

- 1. Rte. 100 / 133 Briarcliff Manor / Millwood
- 2. Rte. 134 Ossining
- 3. Go over Amvets Memorial Bridge
- 4. Rte. 202 / 35 Yorktown Hgts.
- 5. Rte. 132 Shrub Oak
- 6. Peekskill Hollow Rd.
- 7. Rte. 301 E & W Carmel Cold Spring
- 8. I-84 = (Danbury / Newburgh: Danbury I-84E and Newburgh I-85 W
- 9. Rte. 52 Fishkill/Carmel
- 10. Beekman Rd. = Hopewell Jct. / Sylvan Lake
- 11. Rte. 82 Hopewell Jct.: 82 No. and 82 So. (Can get off on 82 North., turn right, drive approx. 9.7 miles) or continue:
- 12. Rte 55 = Pawling / Poughkeepsie: 55E Pawling and 55W Poughkeepsie. Take <u>55 East</u> THIS IS THE EXIT YOU WANT.
- 13. At Route 82 (a light), turn left. Drive 6.3 6.5 miles to house on right.

From North on Taconic Pkwy.(going southbound): Get off the exit for Route 44 eastbound. Follow signs to 44/82. (There is a Rte. 82 (north) that turns left – do NOT take this. Keep going straight. At the light, Route 82 (south)—turn right.

House is about 2.7 miles on left.

#### Directions from Interstate 84

(Coming from East (Connecticut) or from West (Newburgh)
Take I-84 to exit "Taconic Pkwy. North"

#### 3534 Route 82, Millbrook, NY 12545

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#### To Millbrook, NY.

(Dutchess County)

Exits on Taconic Pkwy. once you get on from I-84:

- 1. I-84 = (Danbury / Newburgh: Danbury I-84E and Newburgh I-85 W
- Hosner Mtn. Rd.
- 3. Rte. 52 Fishkill/Carmel
- 4. Carpenter Rd.
- 5. Beekman Rd. = Hopewell Jct. / Sylvan Lake
- 6. Rte. 82 Hopewell Jct.: 82 North.
  - (you can get off here and drive about 9.6 miles to destination) OR keeping going north to Rte. 55 East
- 7. Rte 55 = Pawling / Poughkeepsie: 55E Pawling and 55W Poughkeepsie. Take <u>55 East</u> THIS IS THE EXIT YOU WANT.
- 8. At Route 82 (a light), turn left. Drive 6.2 6.5 miles to house on right.

#### Directions from Queens or Brooklyn

- 1. Pick up I-278 northbound/eastbound
- 2. In the Bronx, pick up the Bronx River Pkwy. northbound
- 3. Continue on the Bronx River Pkwy. northbound which becomes Sprain Brook Pkwy (It will be about 16.4 miles before you see signs for Taconic Pkwy.)
- 4. Sprain becomes Taconic Pkwy. (northbound)

(It may be about 40+ miles to destination)

#### Directions from Long Island

- 1. Pick up I-495 westbound
- 2. I-295 northbound
- 3. I-95 northbound (Bruckner Expwy. Hutchinson River Pkwy.)
- 4. Continue on 95 north to Cross County Pkwy. westbound
- 5. Cross County Pkwy. westbound to Bronx River Pkwy. / Sprain Brook Pkwy. northbound
- 6. Sprain Brook Pkwy. becomes Taconic Pkwy. northbound
- 7. Follow directions on front or above.

OR

- 8. 495 westbound to 295 northbound (Cross Bronx Expwy.) to Bronx River Pkwy. Northbound
- 9. Then follow instructions above

OR

 Hutchinson River Pkwy. North to I-684 North. Take to I-84 West. Take to Taconic Pkwy. North then follow instructions above.

### Beacon of Hope R.L.C.

Beacon of Hope Rejuvenation Lifestyle Center was founded by Jerry Jamel and Anna Rodriguez-Jamel.





Beacon of Hope was formed in 2001 with the intention of educating people as to the health principles which are built upon biblical understanding of health.

Beacon of Hope reaches out to people that are socially, physically, spiritually, chronologically, mentally and economically diverse, in the hope of making them aware of true health and teaching them to take responsibility for their own health and lifestyle.

We believe in dealing with the whole individual—physical, mental, emotional and spiritual. Therefore, our program and lectures are based on the person as a whole.

Beacon of Hope has worked successfully with individuals with the following conditions: Diabetes, heart disease, stress, degenerative diseases, digestive disorders, cancer, arthritis, high blood pressure, weight issues, skin disorders, allergies, and many others

We at Beacon of Hope believe in the integration of biblical counsel, medical research materials and variety of natural health principles. Using these methods to present the health message in a clear, easy-to-understand manner and in a step-by-step fashion, we believe all who participate in the program and lectures will benefit from a healthy lifestyle.

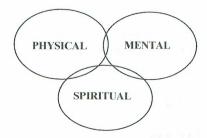
It is our prayer that you will be richly blessed and that God will anoint you with the wisdom and power to make changes in your life in order to achieve optimum health and to lead others into that healing place.

## What Others Are Saying.....

"The entire experience was truly remarkable. The retreat was a weekend getaway that really provided me with so much insight that I would recommend anyone who wants to really feel energized to visit Beacon of Hope." (Arcel M.)

"Their holistic approach to better health not only makes you a healthier person, but also educate you on how to maintain that ever so important habit of staying healthy. The atmosphere is incredibly pleasant and private." (Karl G.)

My time spent at Beacon of Hope RLC with Jerry, Anna and Tayna was great. I like the treatment and guidance on how to become healthy and live longer, and also to see through what is possible with nutrition. The lectures, videos and family environment is fabulous. I will definitely recommend Beacon of Hope RLC program to anyone and all my friends. I will be coming back with my family soon. Life saving program! (Dominic)





Above all else, I want things to go well with you and for your body to be healthy as your soul. 3 John 2

# Cash & Credit Card Price List

# Beacon of Hope Rejuvenation Lifestyle Center



Every day you invest in your health will pay you back for years to come!

# Price List (Cash only)

## Price List (Credit Card)



*Child, first — 10% discount. \$ 355.50						
Spouse   5% discount   S   375.25   Spouse   5% discount   S   388.45   Spouse   5% discount   S   347.56   Spouse   5% discount   S   347.40   Spouse   5% discount   S   347.40   Spouse   5% discount   S   3	(Room, treatment, lectures, materials, hydro-	\$ 395.00	(Room, treatment, lectures, materials, hydro-	\$ 408.00	Microscope—Live & Dry Blood	
All others are considered adults.  Returning Clients	*Child, first—10% discount *Child, second—15% discount	\$ 355.50	*Child, first—10% discount *Child, second—15% discount	\$ 368.01	Returning Client (after 4 months)  BioMedical Terrain  Frequency Generator (per treatment)	\$ 65.00 \$ 160.00
DAYS THREE to TEN PROGRAM   (first person)   (first per	All others are considered adults.	\$375.25	All others are considered adults.	\$388.45	Microscope—Live & Dry Blood Cell Analysis with DVD (adult = 15yrs.+)	
Child, first — 9% discount.   \$145.60/day   Child, second — 15% discount.   \$142.40/day   Child, second — 15% discount.   \$154.03/day   Child, second — 15% discount.   \$147.41/day   Child, second — 15% discount.   \$147.41/day   Child, second — 15% discount.   \$148.80/day   Child, second — 15% discount.   \$147.41/day   Child, second — 15% discount.   \$147.41/day   Child, second — 15% discount.   \$148.80/day   Child, second — 15% discount.   \$147.41/day   Child, second — 15% discount.   \$147.41/day   Child, first — 9% discount.   \$147.41/day   Child, second — 15% discount.   \$147.41/day   Child, first — 9% discount.   \$147.41/day   Child, second — 15% discount.   \$147.41/day   Child, first — 9% discount.   \$147.41/day   Child, second — 15% discount		(first person)	DAYS THREE to TEN PROGRAM	•	(under 14 years of age)	
Returning Clients   \$148.80/day   Returning Clients   \$154.03/day   0 - 8 miles   N/C	Child, first — 9% discount	\$ 145.60/day	Child, first — 9% discount	\$ 150.72/day	If non-client becomes a Client within two months of	\$ 7.50
Phone Consultation.  Home Consultation (client's home).  * plus travel charge  Home Consultation (our home).  (does not include blood analysis or vitals)  Massage Only (40 minutes).  Massage w/ Steam Sauna OR Jacuzzi  (65 min.).  Steam/Sauna w/shower & resting.  Sauna OR Jacuzzi with Shower (30 min.)  Steam/Sauna w/shower & resting.  Sauna OR Jacuzzi with Shower (30 min.)  Steam/Sauna oR Jacuzzi  Steam/	Returning Clients	\$ 148.80/day	Returning Clients	\$ 154.03/day	0—8 miles	
Massage w/ Steam Sauna OR Jacuzzi (65 min.)	Phone Consultation  Home Consultation (client's home)  * plus travel charge  Home Consultation (our home)	\$35.00/hr. *	Phone Consultation  Home Consultation (client's home)  * plus travel charge  Home Consultation (our home)	\$36.23/hr. *	18—26 miles	\$ 35.00 \$ 44.00
	Massage w/ Steam Sauna OR Jacuzzi (65 min.) Steam/Sauna w/shower & resting Sauna OR Jacuzzi with Shower (30 min.)	\$75.00 \$65.00 \$42.00	Massage Only (40 minutes)  Massage w/ Steam Sauna <u>OR</u> Jacuzzi (65 min.)  Steam/Sauna w/shower & resting Sauna <u>OR</u> Jacuzzi with Shower (30 min.)	\$77.64 \$67.29 \$43.48	* Travel Charges are to be paid up front  AIRPORT CHARGES: (Round tri Stewart (SWF): \$90.00  LaGuardia (LGA): \$145.00  Kennedy (JFK): \$150.00	<u>ip)</u>

Life begins at the end of your comfort zone

Our facility is hands-on so that you can implement

changes in your life and be empowered to continue these

changes at your home.

Beacon of Hope Rejuvenation Lifestyle Center

Prices for lectures at your facility will vary

based on location, accommodations and

duration of stay.

Prices subject to change without prior notice



White Plains (HPN): \$115.00

Newark (EWR): \$155.00

Plus Tolls